BAR HILL NEWS

March 2016; Issue 568

BAR HILL PARISH COUNCIL – VACANCIES FOR COUNCILLORS –

Since the South Cambs District Council has received no notice in writing from 10 electors of the Parish requesting an Election, the Parish Council will now proceed to fill the 3 vacancies by co-option.

To qualify to serve on the Parish Council, a person must on the day of election (co-option) be a British and/or Commonwealth subject or European or Ireland national, and attained the age of 18 years, and

a) on that day is and thereafter continues to be a local government elector for the area of the Authority; and/or
b) has during the whole 12 months preceding that day occupied as owner or tenant any land or other premises in the area; and/or
c) his or her principal or only place of work during that 12 months has been in the area; or
d) during the whole 12 months has resided in that area; and/or
e) during the whole 12 months has resided in the Parish or within 4.8km (3miles) of it;
f) free of either a criminal record or bankruptcy (see also Section 80 of the Local Government Act 1972 regarding disqualification).

COULD YOU SPARE A FEW HOURS A WEEK TO HELP YOUR COMMUNITY?

This is your opportunity to help make Bar Hill a better place to live and work. As a Parish Councillor you would attend a monthly meeting of the Full Council and serve on Committees of your choice to help decide what activities to support and on what to spend money locally. A voice for the village, a consultee with various agencies including issues on local development, public transport, highways, health. To help with the management and maintenance of the Council's assets (buildings, open spaces, play areas etc) and undertake its statutory responsibilities.

Arrangements for co-option to fill these vacancies will take place at the March meeting of the Parish Council. Contact the Clerk for further information: T: 01954 780456 or E: bhillpc-1@btconnect.com.

Letters of interest to be submitted by Wednesday 9th March 2016 setting out your interest, skills and abilities to contribute to the role of the Council (approx. 100 words).

– BAR HILL BOOK CLUB –

Next meeting:

Wednesday 22nd March – 7pm at The Fox

Please join our friendly group. We offer a lovely welcome, good company and great book choices.

Contact: sheilafarrar@hotmail.co.uk.

BAR HILL VILLAGE WEBSITE

www.barhill.org.uk

You can find updates on such matters as Northstowe, Topland and the environment on the Bar Hill Village website, along with lots of other important and interesting information.

If you wish to put an item on the website, get in touch with the webmaster by either follow the links on the website, or e-mail: barhill@machineconcepts.co.uk.

Your Bar Hill News is available – without advertising pages – at www.barhill.org.uk/bhn.php about 10 days before the paper copy is delivered.

RAISING THE ROOF APPEAL

Fundraising Concert for Jesus Lane Friends Meeting

Saturday 5th March from 6.00–7.00 pm

Friends Meeting House, 12 Jesus Lane, Cambridge CB5 8BA

Music for Recorder – Tim Brown

Songs of Travel by Vaughan Williams

Dan Ellis Baritone, Celia Waterhouse Piano

Free Entry – with Retiring Collection for the Appeal

Please come – and **bring your friends!**

The concert will be followed by a 3-course supper from 7.00–8.30pm, for which we ask a donation in the region of £10–25 (on the day)

Please book your supper tickets in advance by contacting **Rich Braun/Ione Evans**: T: 01223 812115; E: evans.braun@btinternet.com.

'HEROES AND VILLAINS'

Fancy dress party for adults

Music, party bags, party food and lots more

12th March, 7:30–10pm

at Bar Hill School

Tickets £10. All money raised goes towards ensuring safety during school maintenance.

Contact ruth.beech@yahoo.co.uk.

BAR HILL SCHOOL PAMPER EVENING

Friday 15th April; doors open 6.45pm

with **treatments from 7pm**

A range of beauty therapists offering massages, facials, Indian Head, Reiki, manicures, along with stalls selling beauty products, bags, jewellery and handmade gifts, including handmade scented candles.

To book treatments in advance please contact **Vanessa** on **07782 110247** maximum of 2 treatments per person can be booked in advance – potentially more can be booked on the night.

Deadline for April's edition is 15th March to bhneditor@yahoo.com, or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

2015–16 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm–9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm–6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, *[a Word file is best, please]* or hard copy via Parish Council Office.

– THE MAPLE SURGERY –

Tel: **01954 780442**; **www.mhmaple.co.uk**

Surgery Opening times:

Monday, Wednesday, Thursday	7.00am*– 6.30pm
Tuesday, Friday	8.30am – 6.30pm

(appointments available from 7.30am)*

***Emergency on the day appointments**: bookable by phone from 8.30am for the mornings and from 1.30pm for afternoons.*

Midwife	Thursday	2.00–4.00pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon
	and	1.00–4.00pm
Orthoptist	2nd Tues. of month	9.00am–12.30pm
CAMTAD	4th Tues. of month	9.30–11.30am

Out of Hours Emergencies – call **111**
(Cambridgeshire and Peterborough 111 Service)

Health Visitors: (based at Longstanton Surgery): **01954 207612**

Well Child Clinics: 3rd Tuesday of the month 1.00–2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

• Church Office: **01954 206120** • Conservative Party (Iris Lay): **01954 205265** • Happy Hours (Helen Collins): **01954 782203** • Liberal Democrat Party (Andy Pellew): **07814 871752** • Library (renewals and enquiries): **0345 0455225** • Neighbourhood Watch: **01954 201001** • Parish Council: **01954 780456** • Police non emergency: **101** • Post Office: **01954 789285** • Pre-School: **01954 782892** • Samaritans: **01223 364455** • School: **01954 273305** • Social Club: **01954 781881** • Swavesey Village College **01954 230366** •

– NWR –

CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women, of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you would be very welcome.

3rd March: **Women Martyrs/Saints** – Choose one and talk about her life and what made her a martyr/saint

17th March: **Ageing** – The effects of age on our physical being. Share your views with the group. What are you doing/taking to keep "ageing" at bay?

31st March: **Favourite Recipe** – What is your favourite recipe? Explain its origin and tell us why you like it, (a sample could be brought if possible).

The Bar Hill NWR group meets informally, at 8pm in members homes on alternate Thursday evenings. We pay an annual fee of £18.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call **Bobby Colver** on **01954 781662** or **Marie-The Last** on **01954 780329**.

NWR can also be found on www.nwr.org.uk. Why not have a look!

– HEALTH AND WELLBEING CLUB –

This new group is held in Tesco Community Room on the second Tuesday of each month. It focuses on all aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as opticians, Nutricentre. This also includes samples of healthy food and demonstrations. Later we will be having guest speakers. This is a unique and friendly group and is an ideal place to meet new people.

The next meeting is on **Tuesday 8th March** at **2pm** until about **3.30pm** we hope to have someone to come and talk to us about what medicines we should and should not take together. Also we will have someone coming to make face masks.

There will not be a meeting in April as it clashes with Holiday at Home, but there will be one on 10th May.

For further information contact Wendy Arrowsmith on 01954 781381 or Sue Kenchington on 01954 780260.

– 8 O'CLOCK CLUB –

The 8 o'clock Club is an all-women's group which meets on the first Thursday of the month in the lounge in the school. We have a variety of speakers as well as a garden party, a birthday party and a Christmas meal.

3 March – Birthday party – members only.

7 April – School closed – no meeting except for those members going to Tesco.

If you would like further information, please phone Barbara on 01954 204171, Adela on 01954 204265, or Ann on 01954 204687, or come along to one of our meetings, we would be very pleased to see you.

– HAPPY HOURS –

A sad month as three of our long term members, Betty Kerr, Frances Barker and Florence Cooper, all passed away.

So far this year we have enjoyed a variety of games and entertainment including a 'What's That Smell' game, charades, a raffle for the local Heart Foundation, tossing pancakes and sampling pancakes, a Valentine's Day special with a quiz and treats (bubbly and chocolates) and our own version of 'Call my Bluff'. A big thank you to Tesco and Karen for helping us out.

Coming up in March we have a 'You must have been a beautiful baby' competition, a St Patrick's Day quiz and a 'Put the Kettle on' day (a chance to learn more about tea and sample various teas).

There will be no meeting on 28th March or 4th April.

We would welcome new members. Our Club starts at 11am until 3pm with coffee, tea and light lunches. Our aim is to provide friendship and companionship.

For the Age UK Visiting Scheme call 0300 666 9868; for Silverline call 0800 470 80 90 – especially for those who are lonely.

Helen Collins, 01954 782203

– NEIGHBOURHOOD WATCH –

Burglars – Welcome, come on in!

- √ House in darkness so you know I'm out.
- √ I've mentioned my holiday on Facebook.
- √ I never bother to set the alarm.
- √ Key under doormat/plant pot or left by the front door so you can hook it through letter box.
- √ Window keys left in lock so once you've broken the window you can open it and needn't climb in through broken glass.
- √ Side gate not secure in case you prefer to enter out of sight.
- √ Tools for breaking in are in an unlocked shed.
- √ Money and jewellery in usual place in bedroom drawers.
- √ Car keys left out – help yourself.

WHY do we make it so easy for burglars?

Think before you leave home and check unwanted visitors won't let themselves in while you are out. For plenty of advice, check the Cambridgeshire Police website www.cambs-police.co.uk/, or ring 101 and ask for the Crime Reduction Officer.

Pam Vendy, Village Co-ordinator

– COUNSELLING IN BAR HILL –

Depression, Anxiety, Stress, Bereavement, Addiction, Couples etc.
Experienced counsellor practising at The Maple Surgery.
Immediate appointments available.
Telephone Mark on 07905 833288,
e-mail: info@thecambridgecounsellor.co.uk;
or visit www.thecambridgecounsellor.co.uk.

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.
Telephone **Paul Noble** on **01954 780477**

– LETTERS –

Dear Editor
I was driving through Dry Drayton in the evening on 15th January when my car suddenly stopped. Another driver drew up nearby and offered me assistance. Skilled help arrived before long and the problem was soon solved. The other driver did tell me that he lived in The Spinney, but I failed to ask his name at the time.
I should like to thank him for coming to my relief, and to say that it is people like him who together make good communities.
Yours sincerely
Brian Howard, Pheasant Rise

Dear Editor
I would like to bring to the attention of residents that a lot of dog faeces is being left along the perimeter road. It takes but a minute for owners to clean up after their dog(s), making the perimeter safer.
This is a popular route for joggers, and now with some street lights being turned off, dog poop makes it even more hazardous to walk/run/jog around the perimeter.
Please, please think of others and clean up after your dog(s).
A concerned Resident.

BICYCLE REPAIRS & SERVICING
07914 655086

– HOLIDAY AT HOME –

Bar Hill Church will once again host our annual "**Holiday at Home**" at Bar Hill Church for three days from **Tuesday 5th to Thursday 7th April**. This event is primarily aimed at pensioners, but it may be possible to include others who would benefit.
It is a "holiday without going away" offering all the fun and activities that a holiday brings, without the travel.
A range of activities is available during the morning followed by a nutritious lunch. The afternoon offers entertainment, and finally afternoon tea.
Please contact **Sue Kenchington, 01954 780260** if you are interested or want further information.

BAR HILL COMMUNITY MARKET

Saturday 5th March
[Not April]
10.30am – 2pm
In the Octagon CB23 8EH
– Entry is Free –
The Scouts are doing refreshments and soup.
New cake stall this month.
All profits go to community/charity projects
Refreshments and also a BBQ *(weather permitting)*
If you wish to be part of the market please contact Karen Austen on **01954 781085.**
e-mail: bar.hill.community.market@gmail.com;

Dear Editor
Further to a notice for 'newspapers desperately required at Wood Green' in last month's issue, I duly got in my car for a reasonable trek to Wood Green.
Having not been there before, I asked two ladies who were collecting rubbish where they were needed. They looked quite surprised, knew nothing about the appeal, but directed me to the 'dog' area which is a quite a walk, at the back. They were as perplexed as the other two ladies and said they weren't needed there and to try the 'small pets area' directing me through a large garden area.
As instructed and walking still further away, I came across a gated access which was locked! Turning around I went a different way and found this department. The two people chatting at the reception area again looked surprised but thanked me and asked me to leave them somewhere on the desk.
At no time did anyone just take them from me in desperation!
Next month? In the blue bin!
A community-minded Resident.
Since the February edition issued, I have been told that Wood Green are not running a specific campaign to receive newspapers, but they do have a need for them. Thank you everybody! Ed.

Dear Editor
Cottenham Yesteryear Road Run – Sunday 24 April 2016
This annual Procession of vintage and classic vehicles, starting from Cottenham at 10am, draws entrants from far and wide. Military vehicles, classic cars, motorbikes, tractors, commercials – and a 1945 bicycle!
The procession travels through villages around the Cottenham area, raising money for Addenbrooke's Hospital to help pay for research into many types of cancer. We all know someone who has been affected by this terrible disease and we are doing our best to eradicate it from affecting anyone else.
More information, and entry form, can be found on our website www.yesteryearroadrun.co.uk. Have a look at the photographs of many of last year's entrants.
It is a lot of work to put this event on and any help you can give to raise our profile would be great. It is a fun day for all. Please lend a hand no matter how small.
Yours in anticipation
Vivien Lampard, Committee member

– BAR HILL COMMUNITY MARKET –

If you wish to be part of this market, either having a stall to sell your own crafts or if you are an organisation who wishes to fund raise, then please contact me on bar.hill.community.market@gmail.com.
If you know of any organisations who would like help with funding for community projects, please contact me.
Karen Austen 01954 781085

S DYE
For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484

BAR HILL PARISH COUNCIL

Sue Bell, Parish Clerk: 01954 780456
e-mail: bhillpc-1@btconnect.com
Please note that the office is open to Residents between **9am–11am Monday, Tuesday** and **Wednesday.**
Visit our website: www.barhill.org.uk
for updates on local matters.

The next Parish Council meeting will be held on **Thursday 17th March at 7pm** in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. Minutes of the previous month's meeting are on the village notice board.

Items for agendas must be placed with the Clerk at least seven days before the relevant Committee/Full Council meeting.

Handy telephone numbers:

Streetlights: 0800 253529 – *give number written on lamp post;*
Anglian Water *(water supply and sewerage)*: **03457 145 145;**
South Cambs District Council: 03450 450500;
County Council *(damaged paths and roads)*: **01223 717111.**

BAR HILL COMMUNITY CAR SCHEME

After the sad loss of John Reynolds in November 2015, we have a new volunteer Coordinator who wishes to take forward the Community Car Scheme.

We know there is a demand for this scheme, which is aimed at the residents of Bar Hill who don't have access to a car and struggle with using public transport. Our drivers will be fully insured and it will cost only 30p per mile, with a minimum charge of £3.00 per journey. Once a journey is booked through the coordinator, a volunteer driver will collect you and take you home after your appointment.

We need to recruit volunteer drivers

If you have time to spare we would love to hear from you. No particular qualifications or specific time commitments are needed – just a car and a desire to help people. Whatever time you can offer will be much appreciated.

If you want to volunteer, know more about the scheme, or know of someone who would benefit from this scheme, please get in touch with: Jane Johannessen, Community Development Officer, Care Network on: T: 01954 211919; E: jane.j@care-network.org.uk.

BAR HILL BABY AND TODDLER GROUP

This is held on Wednesdays and Fridays from 9.45–11.15am at the Octagon. It is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices: Under Ones – £1.00 *(or FREE when paying for a sibling over one)*; Over Ones – £2.00.
Maximum charge per family/child-minder – £3.00.
Visit our Facebook page for details of future events.

– GIRLGUIDING IN BAR HILL –

Rainbows (aged 5–7 years) meet on Monday and Wednesday;
Brownies (aged 7–10 years) meet on Tuesday and Wednesday;
Guides (aged 10–15 years) meet on Wednesday.
If you would like to join in the fun, please register at www.girlguiding.org.uk/interested or e-mail us at barhillguiding@gmail.com.
Nina Hutt (Commissioner)

LONGSTANTON BOWLS CLUB

Open Day: Saturday 16th April 2016 from 2pm

Spring is here, with longer evenings and warmer weather, and Longstanton Bowls Club is recruiting new members. Do you fancy some gentle exercise on a summer's evening? It doesn't matter if you haven't played Lawn Bowls before, we have plenty of members willing to provide help and guidance. Everyone is welcome. Our membership ranges from juniors to retirement and we have many members from surrounding villages, including Swavesey, Over, Willingham, Oakington and Bar Hill. Don't worry about equipment, the club can assist with this – just wear flat shoes. We pride ourselves in being a friendly club.

The game of bowls provides an opportunity to make new friends, take gentle exercise and socialise over a 'bowls tea' at the end of the match. Our bowls green is located on the recreation ground, between the Longstanton Pavilion and the tennis courts, Over Road, Longstanton. Monday evenings are club roll-up nights, reserved for informal practice in a mildly competitive environment – ideal for beginners. We also have a certified coach who runs regular sessions for newer players. The club plays in a number of leagues, some of which are more competitive than others. Away matches give members an opportunity to experience other club's greens and facilities in the Cambridge area.

The outdoor season runs from late April to September. If you're tempted, please come along to our open day on 16th April, or any Monday evening from 6pm, to meet some of the members and possibly try your hand. If you just want to watch, that's fine too.

For more information visit contact Marion Edwards on T: 01954 780118; E: marionedwards1@btinternet.com, or visit our web site www.longstanton-bowls-club.co.uk.

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is to *Learn IT* with *Laura*. Professional and personal support and training in your home.
T: 07889 261282; E: info@learnitwithlaura.co.uk;
W: www.learnitwithlaura.co.uk.

DHBK BOOKKEEPING SERVICES

DHBK offers businesses large or small an opportunity to run their business whilst it looks after your accounting paperwork for you. Save time and money on employee and office costs, plus you only pay for the services you need, when you need them.
Contact us today on 01954 209920 or 07799 648327 to discuss your requirements. Based in Over.

– CHURCH MATTERS –

Bar Hill Church is a Local Ecumenical Partnership of five denominations – the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the Society of Friends. The Minister is Charles Mather, who may be contacted on 01954 277119 or charlesmather20@yahoo.com.

Everyone is welcome to attend our services which, in March, will be held at the following times:

Sunday 6th	**10am** Morning Communion with Tots Zone and Café Church **6.30pm** P4 (Psalms and Pictures, Prayers and Praise).
Sunday 13th	**8am** Holy Communion **10am** Morning Worship with Tots Zone and Kids Zone **6.30pm** 'ReBoot' Contemporary Worship.
Thursday 17th	**2.30pm** Songs of Praise for Easter (Octagon) Come and sing hymns for spring and Easter, followed by refreshments.
20th *(Palm Sunday)*	**10am** All Together Worship **6.30pm** Prayer for Gladeside and Appletrees.
24th *(Maundy Thursday)*	**7.30pm** Holy Communion.
25th *(Good Friday)*	**10am** Good Friday meditation service (c 45 minutes).
27th *(Easter Day)*	**6.45am** Sunrise Service at Lolworth Parish Church (meet at Bar Hill Church at 6.15am to walk to Lolworth) followed by 8am Easter Breakfast (Octagon) **10am** Easter Communion **NB** No Evening Worship on Easter Day.

The Real Easter Egg: this is the UK's first and only Fairtrade Charity egg, which includes a leaflet explaining why we celebrate Easter. The original milk chocolate egg (150g) is £3.99, the dark chocolate egg (180g) is £5.50, and the milk chocolate special edition egg (200g), which includes an olive wood cross on a keyring from Bethlehem and an orange milk chocolate bar, is £9.99. Please place your order with Claire Ford at dw.ford@btinternet.com by Monday 7th March as these eggs often sell out early. (Later orders may be possible but early ordering is recommended.)

Prayer for Streets: Each month we pray for people in two streets. During March we will be praying for **Gladeside** and **Appletrees**. If residents have a particular prayer request for themselves or their family they are welcome to email Ginny on outreach@barhillchurch.org.uk. Residents of these roads are also invited to tea and cake at 6pm on Sunday 20th March followed by an informal service of Evening Prayer.

Groups for Adults:

Home Groups: Various groups meet in homes around the village and provide an opportunity to discuss Christianity with a friendly group of people and to enjoy one another's company. Most groups meet twice a month. If you would like to know more, please contact Bob Chappell on education@barhillchurch.org.uk; 01954 200987.

Art Group: Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome. It meets on Wednesday afternoons throughout the year from 1.30–4pm in the Church. Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started. For further information, please contact Jan Hewins on 01954 201495.

Bring Your Own Craft Group: If you enjoy knitting, crochet, card-making or any other creative crafts, or are just beginning but would like some help, join us in the Octagon from 2.15 to 4.45pm one Saturday each month. Please bring your own craft activity and materials and we will provide company, refreshments and a chance to unwind.
Dates: March 19th, April 23rd, May 28th, June 25th.
Contact Wendy on 01954 782041 for more details.

Knit and Natter: This is a long-established group which meets weekly on Thursday afternoons from 1.15–3.30pm in the Octagon. We are a friendly group who support one another, and other groups who need our help. We send hats, jumpers and blankets to wherever they are needed throughout the world. We hold a number of events during the year, including outings, coffee mornings, a Christmas lunch, and 'Holiday at Home' at Easter. Everyone is very welcome, whether to knit, or just to chat and meet new friends. For more information, please contact Sue Kenchington on 01954 780260.

Coffee Stop: This group is run by volunteers on Wednesdays from 10am–midday in the Bar Hill Library. Coffee, tea and biscuits are served at a modest price. We aim to provide a friendly meeting place to chat with friends old and new. The Coffee Stop is used regularly by the Bar Hill Health Walkers, and by members of the Horizon Group. We are grateful to library staff for accommodating us and would love to welcome new people to join us. We encourage everyone to borrow a library book regularly to help keep this facility available for our village. For more information, please contact Sue Kenchington on 01954 780260.

Eco Group: The group meets for an hour in alternate months to think about how we, as a local community, can best use our world's resources both for our own benefit and for that of future generations. Our next meeting is on Sunday 6th March, 11.30–12.30 in the Church (the TNT Room in the main building), and you would be very welcome to join us. For further details, please contact Marguerite on ecogroup@barhillchurch.org.uk.

Music Group: This group meets at 7.30pm on most Friday evenings in the Church to practice the music for Sunday services. If you sing or play an instrument, you would be very welcome to join us. For further details,

– CHURCH MATTERS –

please contact Bob Chappell on education@barhillchurch.org.uk.

For Children:

Messy Church: This group for pre-school and primary age children and their carers meets in the Octagon from 3.15–5.15 on the 3rd Wednesday of each month. Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. For more information, please contact Heather at cyp@barhillchurch.org.uk.

Holiday Club: This will take place from Monday 25th July – Friday 29th July 2016 and is open to all children of primary school age.

For Children and Young People:

Café Church: As an alternative to the Sunday morning service, the children and young people meet in the Octagon on the 1st and 3rd Sundays for breakfast, worship and a learning activity. Kidzone for primary school children only is on the 2nd Sunday morning in the Octagon. A crèche is also available during morning services, in the meetings room.

For Young People:

ReBoot (2nd Sunday of the month): This informal evening service, held from 6.30–8.00pm, is for adults and young people. It begins with cake, biscuits and drinks and uses contemporary music and format.

Cell Groups: These groups of young people meet once a month to learn about the Bible and the Christian faith.

Youth Socials: An opportunity to relax and play games (including Wii, Pool, Table Tennis), or themed parties on the 1st Sunday per month from 7.15–9.00pm in the Octagon (school year 7–8s may be collected at 8:30pm).

Soul Survivor Camp will take place from 13th to 17th August at the Bath & West Showground near Shepton Mallet. Over 20 of us go every year (age range 14+) and have a super time and fantastic food.

For more information about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk.

Church Events in March

Friday 4th March: World Day of Prayer – 7.30pm. The material this year has been written by the women of Cuba. Everyone is welcome to join us. This year's service will be Café style.

LADIES INTERNATIONAL GROUP

The dates of the next arranged meetings with foods of different countries and good company are:

11th March at Karin Sherwood's, Longstanton 7.30 pm (k.sherwood@ntlworld.com); **10th June** at Jo Hall's, 11 Almond Grove, Bar Hill, 7.30 pm.

For other meetings and how to get to Karin's, phone 01954 780304, e-mail Jo Hall or Sarah Adams (sadams@chesterton.cambs.sch.uk).

Jo Hall

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

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Parish Priest: Mgr Peter Leeming	Tel: 01223 350787
Local contact: Bunty Waters	Tel: 01954 201421
Monday, Wednesday, Thursday, Friday	8am and 12.15pm
Tuesday	8am and 7.30pm
Saturday	6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and **6pm at The Octagon**, Bar Hill.

Holydays of Obligation	8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday	6.45pm (not after Mass)
Saturday	10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

– OPPORTUNITIES –

JOB VACANCIES

We are currently looking to recruit for the following positions:

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- Housekeepers – flexible around school hours,
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For further information please contact Emily Spenceley, Hotel Administrator Tel: 01954 249944; or email your CV to: Cambridge.admin@hallmarkhotels.co.uk.

THE ROYAL BRITISH LEGION BAR HILL BRANCH

The Royal British Legion Bar Hill meets on the 4th Thursday of each month in the Meeting room of the Octagon from 7.30pm.

We are a small friendly group of like-minded people. To join you don't to have an Armed Forces background, just share a common cause of supporting our Service community, now and for the rest of their lives.

If you are interested in seeing what happens at a meeting, come along on 24th March, or contact Wendy Arrowsmith, Branch Secretary, on 01954 781381.

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- Children's Parties;
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During the week we have the following groups and clubs:

Monday	Helene Jones Dance *(school term time only)*	4.00–8.15pm
Tuesday	Shotokan Karate	5.45–8.00pm
Tuesday	Danielle (Boot Camp)	8.00–9.00pm
Wednesday	Helen Jones (Dance)	4.00–6.45pm
Wednesday	Zumba	7.00–8.00pm
Wednesday	Pilates	8.00–9.00pm
Thursday	Pilates *(term time only)*	10.00–11.00am
Thursday	Weightwatchers	7.00–7.50pm
Friday	Stage Starz *(term time only)*	5.45–6.45pm
Friday	Martial Arts	7.45–9.00pm
Saturday	Sweat and Tone	8.00–9.00am
Sunday	Bingo *(doors open 7pm)* Cash prizes	7.30–9.30pm

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours Monday–Friday); or e-mail barhill.villagehall@btconnect.com.

We look forward to hearing from you.

NEW YEAR, NEW YOU – TIME TO MAKE A DIFFERENCE –

Are you keen to make a difference in 2016? The **Royal National Institute of Blind People (RNIB)** is in need of volunteers in Cambridgeshire to join our Community Fundraising Team and help to make every day better for the 18,210 people in the area living with sight loss or blindness. Every day 100 people in the UK are told they may lose their sight. Right now RNIB can only reach one in three of the people who need our help most. Join RNIB's Community Fundraising Team and help us reach them all.

From setting up a fundraising group with friends to arranging and helping at collections, speaking about RNIB to potential supporters, to placing sooty boxes in your local area, we will have something to something to suit you. You will receive all the support you need to ensure your volunteering experience is enjoyable and rewarding while helping us to raise vital funds.

To get involved or to find out more please call us on 0345 345 0054, visit www.rnib.org.uk/fundraisingvolunteers or e-mail communityfundraising@rnib.org.uk.

About RNIB

Every 15 minutes, someone in the UK begins to lose their sight. RNIB is here for everyone affected by sight loss – that's almost **two million** people in the UK. If you, or someone you know, has a sight problem, RNIB can help. Call the Helpline on 0303 123 9999 or visit www.rnib.org.uk.

BAR HILL SPORTS AND SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Bar Hill Sports & Social Club.

What's on in March?

Sat. 5th	Membership Draw and The Fluffy Wangers, live band
Tue. 15th	AGM, Village Hall, 8:15pm
Sat 19th	Membership Draw, £50 to be won on the night
Easter Sunday	Easter Egg Hunt, 12.30pm
Easter Monday	FIFA 2016 Competition, 12.30pm for 1pm start

Looking Ahead...

Sat. 2nd April	Membership Draw
Mon 4th April	Monthly Quiz

Easter Colouring In Competition

Get your pictures from the Club now and start colouring in. Under 5's, 5 to 8, 9 and over. Completed entries need to be submitted by Saturday, 26th March.

XBox FIFA 2016 Competition

Easter Monday, registration 12.30, first game kick off at 1pm. First prize £30 in games vouchers, second prize £20 in games vouchers. Ages 6 to 16.

Do you live in the smartest street in the Village?

That's smart as in clever! We are holding a quiz in March that will pit Bar Hill Street against Street. So grab another five people from your street and join in. Full details in next months Bar Hill News.

Bar Hill Saturday Reserves home games – K/O 1500

5th Mar	v Mepal Sports.
12th Mar	v Fenstanton
26th Mar	v Wisbech St. Mary A

Bar Hill Ladies Football Team home games – K/O 1400

6th Mar	v Newmarket Town Ladies
13th Mar	v Cambridge University Women
20th Mar	v Huntingdon Town Ladies

Not a Member?

New members are always welcome. Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

Andrew Wilkin, BHSSC, 01954 781881

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities from **10.30am on 12th March.**

Small children and their parents or carers are invited to Storytime at the Library. It offers children of pre-school age and their older brothers and sisters (accompanied by an adult) book-based fun every month. This free event introduces young children to their local library and reveals to them all that is to be gained from learning to read.

In February we said goodbye to Kitty, and we thank her for leading sessions for us. If you are interested in taking her place and are over 18, please talk to the Library staff.

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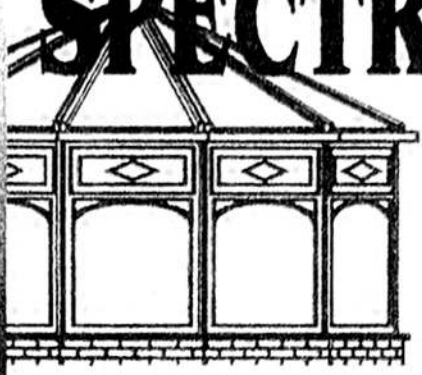

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– FRIENDS OF THE ROSIE –

Happy Mother's Day from the Friends of the Rosie Hospital. A local charity, we raise money through the Tea Bar at the Rosie Hospital outpatient department and through our trading arm Rosie in Stitches which raised £1,600 in 2015 to spend on items that the NHS does not buy.

We hope our readers are looking forward to an enjoyable Easter break and a prosperous 2016.

Our **Annual General Meeting** will be held in the **Green Room at The Rosie Hospital, CB2 2QQ on Monday 7th March from 12.30pm.** Join us to find out how your donation is used.

This winter we have a small display at the Tea Bar, Outpatient Department, Rosie Hospital at Addenbrooke's, CB2 2QQ.

Our next stalls will be:

- **Saturday 5th March from 10.30pm to 2pm at Bar Hill Community Market,** The Octagon, CB23 8EH. We will have gifts and ideas for Easter and Mother's Day.
- **Tuesday 22nd March from 10am to 4pm at the Outpatients Foyer,** Addenbrooke's Hospital, CB2 2QQ.

We have discounted items for sale in our eBay Charity Store Rosieinstitches2010, books on Amazon at www.amazon.co.uk/shops/A302NWPGSHC7HN, and second hand patterns and craft materials on our Facebook page. Do follow us there.

New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk.

There are links to affiliate stores on our website, where we will get a donation.

We are in urgent need of polyester toy stuffing or yarn if you have any to spare. Thanks you.

To support Friends of the Rosie Hospital, Cambridge, England, visit www.easyfundraising.org.uk/causes/forh and follow the instructions. You can raise funds by using the Easyfundraising search site at http://forh.easysearch.org.uk. There are competitions to enter on the Easyfundraising blog.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website.

Thank you for your continued support.

– MAPLE SURGERY NEWS –

Tel: 01954 780442

www.mhmaple.co.uk

Practice Closures – the Surgery will be closed on **Thursday 17th March from 1.00–6.30pm** for Clinical Governance training. The Surgery will also be closed for Easter on Friday 25th March and Monday 28th March. In the event of an emergency, please call 111.

Shingles Vaccinations – if you were aged 70, 71, 72, 78 or 79 on 1st September 2015, please contact the Surgery to arrange an appointment with the Practice Nurse. Please remember that this is a one-off vaccination and cannot be given at the same time as a flu vaccination.

Flu Vaccinations – we are still happy to give flu vaccinations to all eligible patients. If you received an invitation to our flu clinic but were unable to make it, please contact the Surgery to make an appointment with our Nurse.

Free NHS Health Checks – if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please contact the Surgery to book your check with the Nurse now.

Emergency/On the Day Appointments and Test Results – please remember that morning emergency/on the day appointments may be booked from 8.30am, and afternoon from 1.30pm. Telephone requests for blood results will only be accepted after 2pm.

Online Appointments and Repeat Prescription Requests – registered patients can now book GP appointments and order repeat medications on the Surgery website www.mhmaple.co.uk. Please call in to the Surgery with one piece of photo ID to obtain your username and password. As from 31st March 2016, we are planning to offer online access to coded data in patient records.

Repeat Prescriptions – please remember to allow 2 clear working days for your repeat prescription requests to be processed. For your own safety we are unable to accept any medication requests by phone. You may order repeat medications on our website, via our dedicated email maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box located on the wall in the front entry foyer of the Surgery.

The Maple Surgery Team

healthwatch Cambridgeshire

Have you had a recent experience of using health or social care? Tell us what it was like for you.

Listen – at Healthwatch, we listen. Tell us what is working well within our local health and care services and what you think needs to be better. We log what you say and share anonymously with the people who make decisions about our care. This helps them improve care where it is needed.

Involve – we can make sure you know about local opportunities to have your say on health and care decisions. You can sign up for regular updates, or get in touch whenever you want some information. We can help you find out what health and care services are available locally, or how to raise a concern. This is a free, independent and confidential service.

Challenge – Healthwatch can challenge health and care decision makers, if care isn't working in the way it should. We can also challenge if we think a decision has been made where people have not been able to contribute. They have to listen to us, and they have to reply.

Get in touch – please do tell us how care is working right now for you and the people who are important to you. Your experiences are important to us. We are happy to talk to local groups and attend events, so please do invite us. Contact us: www.healthwatchcambridgeshire.co.uk; call: **01480 420628**; follow us on Facebook: Healthwatch Cambridgeshire; or on Twitter: @HW_Cambs.

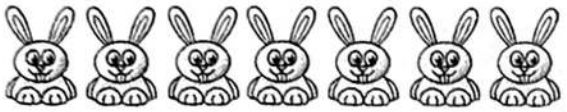
– BAR HILL CHILDMINDERS –

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (see below).

Childminders with current vacancies:

Kirsten	01954 200228
Terri	07846 018714
Kirsty	07584 168909 *(school-age children)*
Melanie	01954 204496 *(0–5yrs)*
Carol	01954 780238



'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45–11.15am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

'Little Bunnies' Sensory Sessions at the Octagon on Tuesdays from 9.45–11.15am during term time.

Come and let your little ones experience a range of sensory activities, from messy play (aprons provided) to music and story acting!

Snack and drink for children; hot drink for adults included. £1 under 1yr; £2 per child; £3 for two or more children.

– TESCO COMMUNITY NEWS –

Here we are heading into spring already and I've had the pleasure of meeting many Bar Hill residents, having attended Happy Hours, Knit and Natter, the Health and Wellbeing Group, the Coffee Stop, and met some of the Wednesday morning walkers.

Over the last couple of months Tesco has seen our Produce Boys raise £1,055 for Prostate Cancer.

We supported British Heart Foundation's Wear it, Beat it Day, where staff dressed in Red to raise awareness.

We also held a raffle which raised £194.

Coming Soon!! Super Heroes are set to hit the store 11th and 12th March as part of Tesco's on going fundraising for Diabetes UK and British Heart Foundation, so look out for fun events and super food tasters.

I'd like to thank the local community for your support in the above events – we couldn't do it without you. Also to those who have donated books: thank you! All donations gladly accepted – please leave at customer services.

Karen Taylor, Community Champion, Bar Hill Tesco
barhill.communitychampion@gmail.com

Useful contacts: Julie Sheppard, Community Room and Farm to Fork Trails: barhillcommunityspace@gmail.com. Andrew Bailey, enhance your shopping experience/ assisted shops: 07858 404103.
Abandoned trolleys: Trolley Wise: 0800 3161241.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham Reception: 01954 260230;
Longstanton: 01954 207600; Dispensary: 01954 260073;
District Nurse Team: 01223 726469 (option 2);
Health Visitor: 01954 207612.
Out of hours ring: 111.
www.willinghammedicalpractice.nhs.uk.

Missed appointments in January = 32 GP and 18 Nurse appointments. This is much better than previous months and we are grateful to those that remember to cancel so that others may benefit. Don't forget that you can book and cancel appointments on line; just ask reception how you can register for this service.

Out of hours cover – please remember to phone **Urgent Care Cambridge on 111** if you require medical attention when surgery is closed. Accident & Emergency is for life threatening conditions or if you are likely to need an X-ray.

Practice Website www.willinghammedicalpractice.nhs.uk – have you visited our website recently? We have made some changes and would welcome your feedback and comments.

Mobile Telephone Numbers – please be sure we have your most up-to-date mobile number.

Carers Support Meetings – our next meeting at Willingham Surgery is on Wednesday 9th March from 2–4.30pm. Stephen Duffy from Buckles Solicitors is coming in to talk about Wills and Power of Attorney. The next meetings will be Wednesdays 6th April, 4th May and 8th June. Please feel free to pop along and get some free support and advice.

Camtad Hearing Clinics – the next hearing Aid Clinics will be held at Willingham Surgery on Wednesday 16th March from 2–4pm, Wednesdays 20th April and 18th May. No appointment necessary, just pop in for help and advice regarding hearing loss, or your free NHS hearing aid batteries.

Sharon Unwin, Manager

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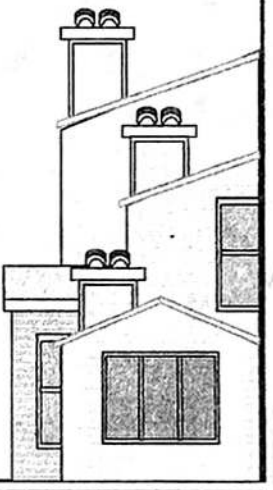

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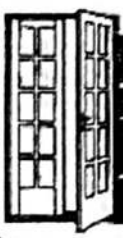

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Little Acorns Extended Day Care

Little Acorns Extended Day Care is an out of school club registered to care for children age 2–11 years, from 8am–6pm during term time and school holidays. We are situated next to the primary school along the concrete track which leads to the Farmhouse. Please feel free to drop in for a look around.
Flexible Hours can be booked any time during weekdays.
Our current cost is £3.60 per hour. A 50% sibling discount is available and a 20% lone parent discount. Our breakfast club is open from 8am and is suitable for all ages.
Children have access to all three rooms in the building and the garden area throughout the day. We offer a wide variety of activities and resources where children can explore, investigate, learn, create and have fun.
We have a 'mini acorns' session for children who are just starting pre-school (from age 2). These are slightly shorter sessions (9–11.15am), open Monday to Friday term time only, in a separate, quieter room with a higher staff ratio (max 12 children per session with 3 staff). We employ only qualified and experienced staff who are caring and dedicated.
Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they reach 3yrs. Families on Income Support, or who fulfil the criteria for free school meals, may also be able to access 15 hours per week of free sessions for their 2 year old, via 'Free Twos' funding. Enquire at the children's centre for advice on applying for this.
If you would like more information or a registration form please e-mail: littleacorns.barhill@ntlworld.com, or phone Sally or Gail: 07851 803083 / 07982 238658 for pre-school age; for out of school care please e-mail: mightyoaks.barhill@virginmedia.com.
The building can also be hired out at weekends/evenings for parties and family events. Please e-mail for a booking form if you are interested – you do not need to have a child at the pre-school to use this facility.

– DRAMA STARS –

Drama sessions led by two professional teachers, for children aged 7–11 on Sundays 2.30–3.30pm in the Bar Hill Community Room, Tesco.
Do your weekly shop whilst your children enjoy an hour of drama games and skills!
Sessions cost £5 per child. To book a place, contact Charlie on charlie.bown@outlook.com.

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– WILDLIFE TRUST –
Huntingdonshire Local Group

Wednesday 9th March at 7.30pm: an illustrated talk entitled **Are New Developments Ever Good for Wildlife?** Martin Baker, Wildlife Trust, will explain that Cambridgeshire is one of the fastest growing counties in England, with plans for many new towns and extensions to existing towns.
This will be held at **Brampton Memorial Centre, Thrapston Road, Brampton, PE28 4TB.** Anyone interested in wildlife is most welcome to attend. Booking is not necessary. Entrance charge: £2.50 (accompanied children free). Please contact Tim on 01480 457795 for further information.

BANK HOLIDAYS – 2016 and 2017

2016

Friday 25th March	Good Friday
Monday 28th March	Easter Monday
Monday 2nd May	Early May Bank Holiday (May Day)
Monday 30th May	Spring Bank Holiday
Monday 29th August	August Bank Holiday
Sunday 25th December	Christmas Day
Monday 26th December	Boxing Day
Tuesday 27th December	bank holiday in lieu of Christmas Day

2017

Sunday 1st January	New Year's Day
Monday 2nd January	bank holiday in lieu of New Year's Day
Friday 14th April	Good Friday
Monday 17th April	Easter Monday
Monday 1st May	Early May Bank Holiday (May Day)
Monday 29th May	Spring Bank Holiday
Monday 28th August	August Bank Holiday
Monday 25th December	Christmas Day
Tuesday 26th December	Boxing Day

– BAR HILL HEALTH WALKS –
Free every Wednesday morning
Meet at Maple Surgery at 10:30am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.
Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.
We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.
If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.
Contact: Patricia Daniels T: 07917 874402; E: danielsoohn@btinternet.com; or Josephine Powell T: 07901 558108; E: jopowell45@hotmail.com.

'Go.' is the shortest complete sentence in the English language

Bar Hill Pre-School

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http://www.barhillpreschool.co.uk

VILLAGE HALL 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children.

We offer fully flexible care between **9am–3pm**, for children aged **2–5yrs** and are registered for Nursery Education Funding (NEF) as well as the government scheme '**Funded 2's**'. Please get in touch with Sarah or Michelle to arrange an informal visit.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing **Online Learning Journals** where each parent can follow the development of their child in words and pictures via a secure login.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process.

We look forward to meeting you and your child.

ARE YOU LIVING WITH HEARING LOSS?

Cambridgeshire Hearing Help (formerly Cambridge CAMTAD), the charity that helps those living with hearing loss, offers **free** advice to help you hear.

Come and discuss your hearing difficulties with those that understand the problems at **Scotsdales Garden Centre**, 120 Cambridge Road, Great Shelford, CB22 5JT, on **Friday 11th March** from **10am–12 noon.**

We will demonstrate equipment to help you hear better, whether or not you use a hearing aid, including telephones, TV and radio, alarms, doorbells, personal listeners.

More information about Cambridgeshire Hearing Help can be found at: www.cambridgeshirehearinghelp.org.uk; Tel: **01223 416141**; by post: 8A Romsey Terrace, Cambridge CB1 3NH.

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COUNTY COUNCILLOR – NOTES –

The Local Government Boundary Commission for England has now completed its review of Cambridgeshire County Council. Full details are available at: www.lgbce.org.uk/current-reviews/eastern/cambridgeshire/cambridgeshire-county-council. The proposed changes must now be implemented by order of Parliament. The draft Order provides new electoral arrangements for Cambridgeshire County Council to be implemented at the local elections in 2017. The new Bar Hill Division will include Bar Hill, Dry Drayton, Girton and Lolworth. Sadly, at the time of next year's election we lose Boxworth to the Papworth and Swavesey Division.

To tackle the growing number of mail scams The Mail Marshall Scheme has been set up. It is administered by the National Trading Standards' Scams Team [NST] and is supported by the County Council. Two Cambridgeshire residents, having been victims themselves, have already volunteered to help a identify and stop scam mail. The scheme seeks to help victims of scam mail break the cycle of responding to letters which ask for money to qualify for a prize, lottery win or overpriced 'gifts'. Mail Marshalls record details of the scammers and forward the information to the NST who then investigate and act to stop the activity. New volunteers would be welcomed.

Supporting people to achieve their widely expressed ambition to remain in their own homes for as long as possible is high on the County Council's agenda. Among supporting initiatives planned by the Council is the Adults Early Help Service. Subject to confirmation of funding through the Business Planning process the service will commence on 01 April 2016. It will provide support and advice for older and vulnerable people who are in need of help but not yet at a level which would qualify for an ongoing care package. The first phase of this project will see the establishment of a multi-disciplinary team based at the Council's contact centre which will provide links to existing sources of support. Face to face appointments will be available where a successful telephone resolution cannot be achieved. To support this same objective the Council is currently consulting on a review of the Community Navigators scheme. This consultation will run till 08 April. To have your say: www.cambridgeshire.gov.uk/site/custom_scripts/cons_details.aspx?ref=412.

If you would like to know more about what's happening at the County Council, please let me know – lyndaharford@icloud.com – and I will add you to the circulation of the full report I write monthly for parish councils.

County Councillor Lynda Harford

BAR HILL VILLAGE FÊTE 2nd JULY 2016

We are looking for volunteers to help on fête day.

We are also looking for homes that would kindly have a "For Sale" type board in their gardens to advertise fête day, which Haart will donate.

If you feel able to do this then please contact Bunty Waters on 01954 201421.

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Sadly, colder weather is just around the corner, before you know it we will all be switching on the central heating.

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– MARCH BULLETIN –
FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Did you know that being a smoker or living with someone who smokes puts you at higher risk of having a fire in your home? Throughout March we're raising awareness of the risks associated with smoking and we'd like you to join in.

We often find smoking is one of the factors making someone more at risk of fire. For example, when combined with poor mobility, health problems or being elderly, it increases someone's chance of having a fire.

Here are some tips to take on board or give to friends and family that smoke:

- Never leave a lit cigarette or pipe unattended.
- Always use a proper ashtray and make sure the contents are cold before you tip it in the bin.
- Never smoke in bed and avoid smoking in a chair if you are likely to fall asleep.

Most importantly, fit a working smoke alarm and test it regularly. Don't forget to also test the smoke alarms of those you love. If you have an elderly or vulnerable relative, friend or neighbour, pop by and make sure they have a working smoke alarm.

If you think someone is vulnerable and could be at a higher risk if a fire broke out in their home, then please call us on 0800 917 9994 and we can provide advice and support.

For more information, call 01480 444500, visit www.cambsfire.gov.uk. Find us on Twitter, Facebook and Instagram.

– DOBBIES –

Hooray! Spring is upon us!

Why not pop in and take advantage of our brand new Dobbies reward card with even more benefits? It includes 10% off all plants, seeds and bulbs, 2 free hot drinks per month, 2 points for every pound spent in store, plus exclusive 20% off events throughout the year for members only. All this for only £10 a year and a free gift when joining via direct debit.

Come in store and see our new furniture range, including a large metal gazebo with side curtains for £299.99. We also offer 0% finance for 12 months on purchases over £500 in store, with free delivery. We also have a new furniture and BBQ catalogue available in store – pick up your free copy now.

As we're all aware, Mother's Day and Easter are early this year. We have a range of gifts appropriate for both these occasions, including a brand new range of 'zen' products with various lantern designs and Buddha's. A special scented Mother's Day rose is also in store now, along with some new fragrances and gifts from the Yankee Candle range. Don't worry if you're at work all week, we have late night opening hours on Thursday and Friday till 8pm.

All you Soul and Motown lovers will be glad to hear I've arranged another charity event in aid of Teenage Cancer Trust at Bar Hill Village Hall on **Saturday 26th March** from 7.30pm. tickets are same as before £5.00, available from Bar Hill Social Club and also here at Dobbies. Look forward to seeing you all for another great night.

Julie Griffin

Bar Hill Village Fête
– 2nd July 2016 –
STALL BOOKING FORM

Contact Name:	Group/Organisation:
Address:	Landline + Mobile Numbers:
	E-mail:
	Contact Details on Fête Day:

Stall holders should aim to arrive from 11am on the day of the Fête and should be ready for trading by 2pm (the official start time). **Vehicle movement on the village green after 2pm needs to be authorised by a Fête Organiser.** You will be sent more information nearer the time.

Number of stall spaces (approx. 5m square): *You will need to provide your own table and gazebo as we cannot provide you with any.*	Village Organisations/ Charities	Free (Full Day)	
	Small traders *(please circle which time slot you require).*	2–6pm – £15 6–11pm – £15 Full Day – £30	
	Food stalls/ large scale entertainment. Food stalls will need both a Health /Hygiene Certificate and Public Liability Insurance *(please circle which time slot you require).*	2–6pm – £15 6–11pm – £25 Full Day – £40	
Stall details:			

Please return this completed form (with payment. Cheques payable to **"Bar Hill Residents Association"**) to: **Bar Hill Village Fête (Stalls), 75 Foxhollow, Bar Hill, Cambridge CB23 8ES.**

All forms should be returned as soon as possible to guarantee a place but no later than the 1st June. If you have any questions please see our website barhillvillagefete.barhill.org.uk or contact us on 01954 781085.

Under the Data Protection Act 1998, we have a legal duty to protect any personal information we collect from you. In summary this means: we will only use personal information you supply to us for the reason that you provided it for, and we will only hold your information for as long as necessary to fulfil that purpose. We will not pass your information to any other parties.

BAR HILL COLTS FOOTBALL CLUB NEWS

Focus on the Bar Hill Rockets U11s

The Rockets play in Division Under 11C of the Cambs Mini League. After losing some key players at the end of last season, the Rockets have been rebuilding with new players "bedding in" and others taking on more responsibility on the pitch. After a slow start to the season the team have, through hard work and determination, made great strides in recent weeks. They travelled to Coton on 30th January full of confidence.

Coton came out of the blocks flying and the Rockets were struggling to get out of their own half. Our goalkeeper, Lucas Winter-Castillo, made a couple of great early stops to keep the scores level. Lucas has been outstanding all season and once again was proving how valuable a good keeper can be to a team. Slowly but surely the Rockets, driven by Jack Stearn at the back, clawed their way back into the game and began to create their own chances. Just before half time Christian Simmonett went close with a long range effort, but teams went in level at half time.

Both teams started the second half positively and were clearly intent on victory. The game flowed from end to end and it seemed inevitable that the deadlock would be broken sooner rather than later. Midway through the second half Ben Grieves cut in from the left and drove at the Coton defence. With his coaches urging him to pass, Ben unleashed an unstoppable shot into the top corner. Coton hit back with their own goal immediately and the game looked destined for a draw. With minutes remaining Ben Grieves turned provider. His excellent cross was flicked on by Jack Williams, and Archie Tyrell capped a man of the match display with a neat finish. A battling team performance and very well done Rockets.

Why not come and watch us play?

Our March home games are on Saturday 5th against Willingham and Saturday 19th against Fulbourn Institute. So why don't you pop along to the Bar Hill Village Green to enjoy these matches and cheer on our players? Our young Colts players would love to have your support.

FOR SALE

Substantial cat-scratching post. Used, but looks OK. Covered in muted pale green carpet. **Free.**
[Can deliver in Bar Hill.]
Keith: **01954 782730**

CHANGE TO LOCAL BUS SERVICE

Dews Coaches' Bike Bus Explorer A & B route between Cambridge and Gamlingay has been cancelled. Last day of operation will be Sunday 27th March 2016.

FOR SALE

Collection of pre-owned Percussion Instruments
Includes wooden and metal Agogo bells, 8"Hand Drum, 6" Triangle, 10" Cymbals (£22.99 when new)
Assorted Cow and 'Jingle' bells and Tambourine.
£25.00. Tel: 01954 200916 (Bar Hill)

FOR SALE

Cane conservatory-type chair with two cushions.
Reasonable condition – **£5.00.**
Tel: **01954 782877**

– COUNCILLOR NOTES –

New Head of Shared Waste joins South Cambs

Paul Vanston has begun his new role which now completes the management team for the shared service, South Cambs and Cambridge City, which is operating a fleet of vehicles from one depot in Waterbeach. The shared management team is part of a £700,000 saving programme, making services more efficient. The shared waste service has already delivered significant savings to help both Councils meet the budget challenges due to reduced funding.

South Cambs Finance

Senior councillors have backed plans to generate hundreds of thousands of pounds of income to help plug the gap left by a £1m cut to funding. At the last meeting, councillors supported asking council tax payers to pay 10 pence per week more in council tax – £5 a year for the average band D home – to make sure the savings needed by the Council did not impact heavily on the frontline services. The Council has made around £5.5 million of savings over the last five years to meet previous reductions in funding, and is forecasting that the revenue support grant, which it is provided by the government to help councils deliver services, will be cut completely by 2018-19. This grant stood at £7.8 million in 2010-11.

Leading councillors had planned ahead by launching Ermine Street Housing, the Council's private sector housing company, which is expected to help plug the funding gap by generating around £600,000 of income in the next two years. The business plan for the company could also see much higher returns in the future.

If the 10 pence per week increase is agreed on 25th February, South Cambs will still be one of the lowest charging councils in the country.

Police & Crime Commissioner Election and Local Elections

With fewer than one hundred days until the Police and Crime Commissioner and local elections on 5th May, Cambridgeshire councils have teamed up to encourage sixth-form students to register to vote. Cambridge City Council and South Cambs elections teams visited Hills Road Sixth Form College, Cambridge Regional College and Long Road Sixth Form College during National Voter Registration Drive (1–7 February), helping 17 and 18 year olds to get registered. Both councils are also encouraging local residents not yet registered to do so sooner rather than later. The deadline for registering to vote in May's elections is Monday 18th April 2016. It only takes a few minutes to register online at www.gov.uk/register-to-vote. Residents can register to vote online at www.gov.uk/register-to-vote. South Cambridgeshire residents can call their local elections team on 03450 450214 and Cambridge City residents can call 01223 457 048 to request a paper registration form.

Please take a look at the South Cambs website, if you need any help with accessing forms please contact myself or Roger. Please contact us if you need any information or assistance or have any comments:

Bunty Waters T: 01954 201421/07734 690580;
E: bunty.waters@ntlworld.com.
Roger Hall T: 01954 780304;
E: roger.hall90@ntlworld.com.

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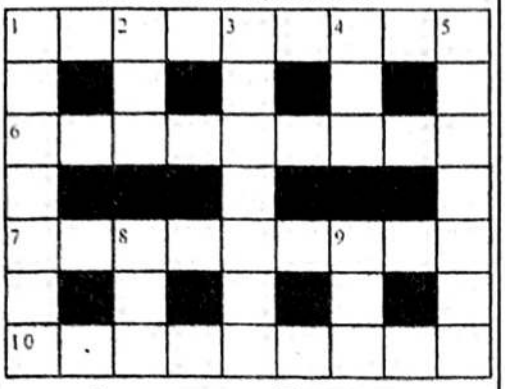
MARCH CROSSWORD

Across: 1. Warwick the ..... 6. body decorator, 7. of some Scottish islands, 10. likely to be right.

Down: 1. type of sauce, 2. e.g. almond, 3. members of a religious movement, 4. type of carp, 5. band of attendants, 8. snake or scarf, 9. recede.



Solution for February

Across: 1. sacrament, 6. elaborate, 7. evocative, 10. leftovers.

Down: 1. Sue Bell, 2. cha, 3. avocado, 4. era, 5. teeters, 8. off, 9. ire.

BIN COLLECTION DATES

Weds. 2nd Mar.	green and blue bins
Weds. 9th Mar.	black bin
Weds. 16th Mar.	green and blue bins
Weds. 23rd Mar.	black bin
Thurs. 31st Mar.	green and blue bins
Weds. 6th April	black bin
Weds. 13th April	green and blue bins
Weds. 20th April	black bin
Weds. 27th April	green and blue bins

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...did you know...

cigarette lighters were invented before matches?

BAR HILL SCHOOL

tel: 01954 273305; fax: 01954 273306;
e-mail: office@barhill.cambs.sch.uk
website: www.barhillschool.co.uk

After a fast paced half-term, the children and staff are ready for a very well-earned break. We've enjoyed lots of special events through the half-term such as the Maths day, New Years Party and the PTA pop quiz. The children have also performed well in competitions such as the Infants Poetry competition, the student-led baking competition to support Christian Aid and a number of house sporting competitions also took place.

Outside of school we have also seen the children representing us well in London at the Science and Natural History Museum, in football fixtures and the 'Energise Dance Platform' at Swavesey Village College. All of these events, of course, took place on top of the usual exceptional learning going on day-in, day-out at the school.

Special thanks must go to the PTA for putting together a brilliant Quiz Night on 6 February. Without their help, and the support of the families who take part in the quiz events, we wouldn't be able to secure resources such as the new books in the library. We very much rely on the work of the parents supporting the PTA and welcome any newcomers to take part in the fundraising and social events.

We also appreciate any volunteers willing to work with the children to support their learning. Feel free to contact the front office to find out how to get involved with the PTA or volunteering at the school in order to make our school even more impressive.

Dr Al Mistrano, Headteacher

CAMBRIDGESHIRE AGE UK – VOLUNTEERS NEEDED IN YOUR AREA –

Have you spoken to anyone today? How would you feel if the answer today, tomorrow and the next day was no-one?

The Age-UK visiting scheme enables people in later life living near you to say "Yes – I had a visitor today".

Just one hour a week of your time will help ease social isolation and loneliness.

To become one of our valued volunteer visitors, contact our helpline on 0300 666 9860.

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Solid Light Oak storage and display cabinet with 2 shelves, 3 doors each with 3 panels. Top panel in glass with 2 lights. H128cm x W125cm x D38cm.

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TONY 07831 895007 or 01954 789848

– WANTED –

A caring and reliable person to help occasionally to walk a small dog in Bar Hill. Times negotiable. Please call 01954 789243 after 6pm or weekends.

MARCH PUZZLE

Form nine, nine letter types of houses in alphabetical order.

A	G	E	M	A	T	S	I	T
A	P	A	M	H	O	S	O	N
B	E	D	O	A	T	T	A	M
C	A	S	O	R	E	T	E	R
D	H	O	P	A	R	T	E	R
E	N	T	P	E	N	T	H	O
F	A	R	R	O	A	U	S	E
H	O	U	R	T	M	U	S	E
L	A	N	S	E	B	U	S	E

			R	T	M			
		D				T		
						U		
						O		
				A	S			
						O		
						A		
		N				U		
			D	H	O			

Solution for February: ADORATION, AFFECTION, BETROTHED, BOYFRIEND, CARNATION, CHOCOLATE, COURTSHIP, GREETINGS, LOVEBIRDS.

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings:
1st March; 5th April.

– EVENTS CALENDAR –

date	*event*	*where*	*time*
3 March	NWR – Women Martyrs/Saints *(page 3)*		8pm
3 March	8 O'clock Club – Birthday Party [members only] *(page 3)*	Bar Hill School	8pm
5 March	Community Market *(page 4)*	Octagon	10.30am–2pm
5 March	Rosie stall *(page 15)*	Octagon	10.30am–2pm
5 March	Raising the Roof Appeal *(page 1)*	Cambridge CB5 8BA	6–8.30pm
8 March	Health and Wellbeing Club *(page 3)*	Tesco Community Room	2–3.30pm
9 March	Wildlife Trust talk *(page 21)*	Brampton, PE28 4TB	7.30pm
11 March	Hearing loss – demonstration of aids *(page 22)*	Scotsdales	10am–12noon
11 March	Ladies International Group *(page 7)*	Longstanton	7.30pm
12 March	Storytime *(page 8)*	Library	10.30am
12 March	'Heroes and Villains' fancy dress party *(page 1)*	Bar Hill School	7.30–10pm
17 March	NWR – Ageing *(page 3)*		8pm
22 March	Rosie stall *(page 15)*	Addenbrooke's	10–4pm
26 March	Soul and Motown evening *(page 25)*	Village Hall	7.30pm
31 March	NWR – Favourite Recipe *(page 3)*		8pm
5th–7th April	Holiday at Home *(page 4)*	Bar Hill Church	all day
15 April	Pamper Evening *(page 1)*	Bar Hill School	from 6.45pm

Over Community Centre presents

FREDDIE HALL BAND

Saturday 30th April

Join us at Over Community Centre for a night of Soul, Motown and R&B from this five-piece band!

Fancy dress optional. Raffle.

Tickets £10 available from Over Day Centre, 1 Drings Close, Over, CB24 5NZ.

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For information, or to arrange a *free* taster class, call Ashley at Little Kickers South and East Cambridgeshire on: **07928 765121**; or e-mail: ajordan@littlekickers.co.uk. You can also check our website: www.littlekickers.co.uk.

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THE ALLOTMENT SOCIETY

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

FOR SALE

Single Bed with headboard, mattress, pillows, pillowcases, duvet and duvet cover. £30.00. Call 01954 782257.

...did you know...

'Underground' is the only word in the English language that begins and ends with the letters 'und'

Little Acorns Extended Day Care

Little Acorns Extended Day Care is an out of school club registered to care for children age 2–11 years, from 8am–6pm during term time and school holidays. We are situated next to the primary school along the concrete track which leads to the Farmhouse. Please feel free to drop in for a look around.
Flexible Hours can be booked any time during weekdays.
Our current cost is £3.60 per hour. A 50% sibling discount is available and a 20% lone parent discount. Our breakfast club is open from 8am and is suitable for all ages.
Children have access to all three rooms in the building and the garden area throughout the day. We offer a wide variety of activities and resources where children can explore, investigate, learn, create and have fun.
We have a 'mini acorns' session for children who are just starting pre-school (from age 2). These are slightly shorter sessions (9–11.15am), open Monday to Friday term time only, in a separate, quieter room with a higher staff ratio (max 12 children per session with 3 staff). We employ only qualified and experienced staff who are caring and dedicated.
Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they reach 3yrs. Families on Income Support, or who fulfil the criteria for free school meals, may also be able to access 15 hours per week of free sessions for their 2 year old, via 'Free Twos' funding. Enquire at the children's centre for advice on applying for this.
If you would like more information or a registration form please e-mail: littleacorns.barhill@ntlworld.com, or phone Sally or Gail: 07851 803083 / 07982 238658 for pre-school age; for out of school care please e-mail: mightyoaks.barhill@virginmedia.com.
The building can also be hired out at weekends/evenings for parties and family events. Please e-mail for a booking form if you are interested – you do not need to have a child at the pre-school to use this facility.

– BAR HILL CRICKET CLUB –

Thoughts have already turned to 2016 and building on our championship-winning season last year.
We will be holding our winter indoor net sessions at Fenner's this year, starting on Tuesday 23rd February, from 6–7pm.
Further sessions are on Tuesdays 8th, 22nd, 29th March from 6–7pm, then we really step up our preparations in April, with sessions on Mondays from 6–8pm on 4th, 11th and 18th April.
The nets won't be our first action of the winter – we have already held a couple of youth training sessions indoors at the school and will be announcing details of the summer youth programme in the next couple of months, so watch this space.
By the time you read this, we will have held our annual meeting – details in next month's Bar Hill News.
For information on all aspects of the club, visit www.barhillcricket.org.uk. We also have a Facebook page and you can follow us on Twitter @BarHillCC.
Paul Stimpson, 01954 201212

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– WILDLIFE TRUST –
Huntingdonshire Local Group

Wednesday 10th February at 7.30pm: a talk by Chris Gerrard, Anglian Water, entitled **Biodiversity: Anglian Water's Natural Partner.** Chris will explain how the company is working to conserve and enhance wildlife on its land and how this work impacts the whole region through the provision of water and water recycling.
Wednesday 9th March at 7.30pm: an illustrated talk entitled **Are New Developments Ever Good for Wildlife?** Martin Baker, Wildlife Trust, will explain that Cambridgeshire is one of the fastest growing counties in England, with plans for many new towns and extensions to existing towns.
All of these will be held at **Brampton Memorial Centre, Thrapston Road, Brampton, PE28 4TB.** Anyone interested in wildlife is most welcome to attend. Booking is not necessary. Entrance charge: £2.50 (accompanied children free).
Please contact Tim on 01480 457795 for further information.

DO YOU HAVE WHAT IT TAKES TO INSPIRE AND ENCOURAGE A YOUNG GENERATION?

We're delighted to be launching a Volunteer Police Cadet Scheme in Cambridge. The scheme will promote a practical understanding of policing among all young people and encourage the spirit of adventure and good citizenship through volunteering in the community. It will also provide opportunities for structured youth engagement and diversionary activities.

Vital to the successful running of the Cadet Unit will be our adult volunteer leaders. We're looking for enthusiastic and committed people who will inspire our young people to achieve their goals. No particular experience is required and we will provide necessary training, support and development. So if you are available on a Wednesday from 3.30–5.30pm then this role could be for you.

For further information, and an application form, please look on our website: www.cambridgeshire-pcc.gov.uk/volunteer-schemes/volunteer-police-cadets-scheme/want-police-cadet-scheme-volunteer/. If you're interested in joining our team, please complete the form and return to us as soon as possible, then we'll arrange to meet with you to discuss further.

For further information, please contact Hannah Watson, Volunteer Co-ordinator:
T: 01954 713911;
E: hannah.watson@cambs.pnn.police.uk.

...you couldn't make it up...

During the American Civil War, Union General John Sedgwick was shot and killed moments after standing up in his trench to instruct his men to stand up because Confederate soldiers "couldn't hit an elephant at this distance".

Bar Hill Pre-School

Registered Charity No. 1076705
http://www.barhillpreschool.co.uk

VILLAGE HALL **01954 782892**

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children.

We offer fully flexible care between 9am–3pm, for children aged 2–5yrs and are registered for Nursery Education Funding (NEF) as well as the government scheme 'Funded 2's'. Please get in touch with Sarah or Michelle to arrange an informal visit.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing **Online Learning Journals** where each parent can follow the development of their child in words and pictures via a secure login.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process.

We look forward to meeting you and your child.

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Eyelash tint: £10.00

Call **Sharon: 07967 610482**

– DRAMA STARS –

Drama sessions led by two professional teachers, for children aged 7–11 on Sundays 2.30–3.30pm in the Bar Hill Community Room, Tesco.
Do your weekly shop whilst your children enjoy an hour of drama games and skills!
Sessions cost £5 per child. To book a place, contact Charlie on charlie.bown@outlook.com.

MARTIAL ARTS SUCCESS FROM CAMBRIDGESHIRE

In September 2015 a team from Martial Active, a new kickboxing club based in Over, entered the Martial Arts All Styles International Federation (MAASIF) British Open 2015 tournament in Kent. They returned with three trophies!

The team was comprised Isaac Weeks, 7, Eden Weeks, 8, and Ionut Muresan, all coached by Ben Weeks, owner of Martial Active. This was the first national competition the club has entered.

Isaac went in to the competition with great confidence. He has progressed rapidly, and his performance was especially impressive, coming away with 2nd place in the 'Points' fighting category where he showed good control and composure, demonstrating some great kicks.

Eden had some tough opponents. She took a couple of knocks, but stuck with it and dished many fluid roundhouse kicks. She reached the fight-offs for 3rd place in the points fighting but just lost out to a split decision in the 'Light Continuous'. She was pleased with her 4th place finish, losing to the eventual winner of that category. She will do well in future events.

Ionut Muresan fought against some much larger and heavier opponents in the 'Points' category with some tough fights. He took 3rd place overall. The 'Continuous' category had some very experienced fighters. However, this was a useful learning experience for Ionut.

Videos are available at www.facebook.com/Martial-Active-Ltd-516648621825905/.

Martial Active uses traditional martial arts (kickboxing) techniques in a high intensity workout for kids and adults. Our classes are held in Over.

To find out more: www.martialactive.co.uk, find us on Facebook or call Ben Weeks on 07968 847178.

The Team: *clockwise from top left: Ben Weeks, Ionut Muresan, Isaac Weeks, Eden Weeks*

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– NEW YEAR BULLETIN – FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Happy New Year! And why not make a resolution to help keep your family fire safe this year? At CFRS firefighters are encouraging people to make three New Year Resolutions in 2016 – and stick to them!

- Make sure you have a correctly fitted working smoke alarm on every floor of your house and test it weekly.
- Check older relatives and friends have a working smoke alarm and test theirs regularly.
- Make a fire plan so you and your family know what to do in case a fire breaks out in the home.

Think the fire service is all about putting out fires and rescuing people from road crashes? Think again! At CFRS, the men and women on the frontline deliver important fire safety advice to dozens of communities – from visiting schools to care homes, mother and toddler groups to community fetes, our firefighters play an integral role in keeping YOUR community safe.

And we'd like you to think about joining us. The role of a firefighter is varied and exciting but most importantly, it can make a real different to people's lives. The next recruitment process for whole-time firefighters opens on 6th February.

To find out more, log on to www.cambsfire.gov.uk; find us on Twitter, Facebook and Instagram.

To find out if you are eligible for a free home fire safety check, call 0800 917 99 94.

Find us on Facebook, Twitter and Instagram, or contact us on 01480 444500.

– FOR SALE –

Two pairs black suede high-heeled boots size 6 barely worn (indoors); one has pointed-toe, stiletto-heel, other has rounded-toe, chunky-heel: **£4 each**

Dark plum suede "Next" coat. Unworn, size 14: **£12**

Classic dark grey wool/cashmere coat, size 12, only worn twice: **£8**

Black quilt-lined hooded rain-resistant coat: **£8**

Contact: **07802 720664**

– BAR HILL HEALTH WALKS – Free every Wednesday morning

Meet at Maple Surgery at 10:30am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

Contact: Patricia Daniels T: 07917 874402; E: danielsoohn@btinternet.com; or Josephine Powell T: 07901 558108; E: jopowell45@hotmail.com.

– DOBBIES –

HAPPY NEW YEAR BAR HILL!

Many thanks to John and Ann of Acorn Avenue who raised £103.35, and John and Joyce of Oatlands Avenue who raised £116.34 – a total of £219.69 for The Teenage Cancer Trust!

Now that Christmas has passed, Dobbies has a new gift range to browse. Also keep warm the rest of this season – winter fuel available in store.

Think about your gardening! A new, full plant range is available at our outdoor plant area, including a corner display of summer bulbs, and seed potatoes. Grow Your Own – trays of plug plants available by mid-February. And now available in our indoor plant area – a lovely colour variety of £7 Phalaenopsis Orchids, and a mix of specially priced, large foliage plants in 24cm pots at £20. Match your indoor plants with our decorative pots, found near the tills.

A perfect time to sign up and take advantage of our Dobbies Loyalty Card. Receive the many benefits: **save 10% on all plants, bulbs and seeds every day**, collect two points for every £1 you spend in-store (1 point = 1p), enjoy two *free* hot beverages monthly in vouchers (available to use at Tesco Cafe), and take advantage of exclusive shopping events and offers during the year. [We apologise but Harris & Hoole will no longer be accepting our Garden Club vouchers.] Customers who sign up in-store and choose our **£10 direct debit option will receive a free gift** which varies each month. Even though there is an annual sign up fee, you make your money's worth extremely quickly, sometimes with the value of the free gift alone. You can also sign up on line, then just pop in for your free gift.

For further information please call us on 01954 785451 or pop in for a chat!

Julie Griffin

BAR HILL TAE KWON-DO CLUB

Tae Kwon-Do, the Korean art of self-defence, is suitable for the whole family. Lessons are held at **Bar Hill School** on **Mondays. Junior class** *(beginners' class from 4 years old)* is from 1700–1800; **Junior and Adult class** 1800–1930. **Sparring Classes** are held on **Sundays** from 1000–1130. **Free taster sessions**. Family discount.

Text, call or e-mail: Mister Jason Newton, 07745 436806; jason.newton@btinternet.com; or Sam Dethridge, 07767 697236; barhilltkdjuniorclass@gmail.com.

Part of the Tae Kwon-Do Association of Great Britain (TAGB).

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**skin patch tests are required at least 24hrs prior to treatment.*

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BAR HILL COLTS FOOTBALL CLUB NEWS

Focus on the Bar Hill Eagles U12s

Bar Hill Eagles have been running now for nearly five years, but the current team is almost unrecognisable from 12 months ago. A number of new boys have come into the team more recently, but some players still remain from when the team first started out.

However, despite the fact that the team nearly folded two years ago and last season a number of children left the team, it is testament to those boys that have kept the team going. Playing 9v9 in the Cambridgeshire Mini Soccer League, we now have the luxuries of substitutes every week and the team is going from strength to strength.

Please come and support our young Colts players and referees on Saturday mornings on the Bar Hill Village Green when we're playing at home.

Squad: Oliver Akpaka, William Cundy, Daniel Norden, James Thomas, Harvey Carruthers, George-Peter Kossivas, Paul Pallan, Adam Underhay, Samuel Connor, Joshua Croucher, Matthew Stewart, Bartosz Wieczorek.

THE ALLOTMENT SOCIETY

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

– GARDENER REQUIRED –

We are looking for someone to help us in the garden at The Fairway. Cutting lawns and keeping patios clean. Hours by agreement; good rate of pay.

Please call **01954 789250**

ENJOY ENHANCED COMMUNICATION WITH YOUR CHILD

Babies are naturally gestural – whether they reach up for a cuddle, bang on their highchair, or clap their hands in excitement, they are predisposed to interacting using their hands. Scientific research has proven that babies are born "connected", meaning that are ready and able to interact. Even newborns are capable of responding and mimicking movements. A few months on and they are ready to start associating meaning with signs accompanied with the spoken word, so there is context and not just direct copying of a gesture. By around six months, babies are perfectly able to start communicating specific needs or thoughts to let others know what they want, what they've seen or heard and what they're excited by.

At a "Sing and Sign" class, we teach carers signs through music, which entertains and stimulates the babies. Class sizes are limited to 12 to ensure a sociable and comfortable environment. Signs are mainly based on Makaton – the easiest for babies to understand and copy. Free Taster sessions and classes are available throughout the year at the Bar Hill Octagon and around Cambridge. For more visit: www.singandsign.com, E: singandsigncambridge@yahoo.com, T: 07732 380191.

– COUNCILLOR NOTES –

FREE Business Workshops – the full programme of *free business workshops* to help firms grow and develop has been announced with local companies being urged to book their place.

The workshop dates follow news in December that South Cambridgeshire and Huntingdonshire District Councils were funding them, with places already being booked for the first sessions.

The programme focuses on providing support in core business areas of marketing, finance and planning including digital marketing and business start-up workshops. By attending the workshops businesses will also receive an hour's free one-to-one business advice. To find out more and book your place visit: www.nwes.org.uk/advice-and-training/how-to-grow-your-business/business-support-workshops-cambs; contact News on 0845 6099991 or info@nwes.org.uk.

Apprenticeships – these are successfully taking place in South Cambs offices.

Government announcement on affordable homes on 4th January 2016 – which mentioned Northstowe as being part of a pilot scheme alongside four other sites where the government will directly commission small and up-and-coming companies to build thousands of new homes on publically owned land. Up to 40% of these homes will be affordable 'starter' homes. The government also announced a £1.2bn starter home fund to prepare brownfield sites for new homes in the next five years.

Home Composting – composting is nature's way of recycling and helps to reduce the amount of waste we put out for collection. By composting kitchen and garden waste you can easily improve the quality of your soil and be well on your way to a more beautiful garden. This easy guide to home composting will provide you with all the information needed to get the best out of your bin.

Special offer on Compost Bins – Cambridgeshire councils are now offering low-cost compost bins delivered to your home. Prices start at just £19.98 plus £5.99 delivery, **with buy one get one half price offers on some bins.** You can order compost bins online at www.getcomposting.com or by calling 0844 571 4444.

Please take a look at the South Cambs website www.scambs.gov.uk. If you need help with accessing forms, information or assistance, or have any comments, please contact:

Bunty Waters T: 01954 201421, 07734 690580; E: bunty.waters@ntlworld.com;

Roger Hall T: 01954 780304; E: roger.hall90@ntlworld.com.

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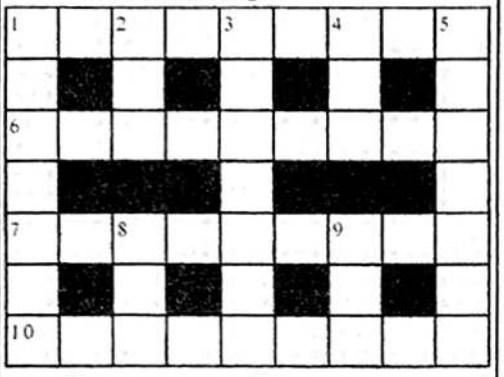
FEBRUARY CROSSWORD

Across: 1. Christian ceremony, 6. very complex, 7. calling to mind, 10. excess food etc.

Down: 1. Parish Clerk (3,4), 2. tea, 3. Persea Americana, 4. period of time, 5. moves unsteadily (on the brink etc.) 8. not on, 9. anger.



SOLUTION FOR DECEMBER 2015

Across: 1. Christmas, 6. off colour, 7. aid-de-camp, 10. elections.

Down: 1. Chorale, 2. RAF, 3. slowest, 4. moo, 5. seraphs, 8. due, 9. ado.

BIN COLLECTION DATES

Weds. 3rd Feb.	green and blue bins
Weds. 10th Feb.	black bin
Weds. 17th Feb.	blue bin ONLY
Weds. 24th Feb.	black bin
Weds. 2nd Mar.	green and blue bins
Weds. 9th Mar.	black bin
Weds. 16th Mar.	green and blue bins
Weds. 23rd Mar.	black bin
Thurs. 31st Mar.	green and blue bins

– FOR SALE –

Walking aid with four wheels, hard seat with storage under, locking brakes and back support, folds for transport and storage. Suitable for indoor and outdoor use; two available at £30 each

Three-wheeled walking aid with brakes; folds for transport and storage; £20

01954 200731 Bar Hill

BAR HILL SCHOOL

tel: 01954 273305; fax: 01954 273306;
e-mail: office@barhill.cambs.sch.uk
website: www.barhillschool.co.uk

Happy New Year! The children and staff arrived back after the break refreshed and ready for a very busy term ahead. Although it's wet, cold and dark, it's that time of the year when the pace picks up a great deal. You'll have seen on our Facebook page that children already are out on trips to extend their learning, such as the Year 5/6 trip to London to extend their learning about Darwin, evolution and other aspects of natural history. Similarly, the children in Year 3/4 are moving forward their ambitious plan of creating a production of Joseph, not an easy play to do while also going through the usual curriculum at the same time! Alongside the trips and enrichment linked to the curriculum, we have also started a new clubs list for the term with 37 clubs including lots of new clubs such as "Body Percussion" – there is no shortage of opportunity for the children to get involved in new things this term!

I know that this is a very special year for Bar Hill with the anniversary of the first building of the village. Just before the Christmas break we very much enjoyed a visit from Mrs Eileen Norton, wife of the first headmaster of the school. Mrs Norton enjoyed lunch with us and stayed for our Year 1 and 2 Christmas production and, "was struck by the happy atmosphere in the school".

As we go through this year of celebration for the village, I extend an invitation to any member of the community who would like make a similar visit the school to see what we do on a daily basis or simply to remember times gone past at the school while walking around the buildings. If anyone would like to visit, please book a tour through the front office by ringing the school or contacting office@barhill.cambs.sch.uk.

Dr Al Mistrano, Headteacher

LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at **Bar Hill School** on **Wednesdays at 5.30pm or 7.30pm.**

Want to lose weight and never feel hungry? Call Chris on 07779 287055.

No pills or potions, just healthy wholesome food suitable for all the family.

Website: slimmingworld.com; T: 0844 897 8000

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W: www.learnitwithlaura.co.uk.

FEBRUARY PUZZLE

Form nine, nine letter words of endearment in alphabetical order.

A	D	O	E	B	I	I	O	N					R	A	T			
A	F	F	E	C	T	I	O	N				F				I		
A	T	E	E	N	D	L	O	V				T				H		
B	E	T	E	T	I	N	A	T								E		
B	O	Y	F	R	I	N	G	S								I		
C	A	R	G	R	E	R	A	T							L			
C	H	O	H	E	D	R	D	S						T				
C	O	U	H	I	P	R	O	T					E					
C	O	L	I	O	N	R	T	S				V	E	B	I	R		

Solution for December: CELEBRATE, CHESTNUTS, CHRISTMAS, EVERGREEN, FRUITCAKE, GREETINGS, MISTLETOE, SNOWFLAKE, TRADITION.

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings:
2nd Feb., 1st March.

– EVENTS CALENDAR –

date	*event*	*where*	*time*
4 February	NWR – History of Department Stores *(page 3)*		8pm
4 February	8 O'clock Club – Speaker from Help for Heroes *(page 3)*	Bar Hill School	8pm
6 February	Community Market *(page 4)*	Octagon	10.30am–2pm
6 February	Concert – Anything Goes *(see below)*	Bar Hill Church	7.30pm
6 February	Pop Quiz Night *(see below)*	Bar Hill School	7 for 7.30pm
9 February	Health and Wellbeing Club *(page 3)*	Tesco Community Room	2pm–3.30pm
10 February	Wildlife Trust talk *(page 21)*	Brampton, PE28 4TB	7.30pm
16 February	Bar Hill Book Club *(page 4)*	The Fox	7pm
18 February	NWR – Belgium *(page 3)*	tba	8pm
20 February	The Love Food Fair *(see below)*	Cambridge Central Library	10.30am–3pm
20 February	Valentine's Musical Evening *(see below)*	Village Hall	6.15 for 6.45pm
3 March	NWR – Women Martyrs/Saints *(page 3)*		8pm
3 March	8 O'clock Club – Birthday party – members only *(page 3)*	School	8pm
5 March	Community Market *(page 4)*	Octagon	10.30am–2pm
9 March	Wildlife Trust talk *(page 21)*	Brampton, PE28 4TB	7.30pm

HUNTINGDONSHIRE CONCERT BAND PRESENTS

ANYTHING GOES!

Join us for an evening extravaganza of concert band music on SATURDAY 6th FEBRUARY 2016 from 7.30pm at BAR HILL CHURCH

Light refreshments will be available during the interval. Tickets £8 (£7 seniors & under 16s) available from Sue Kenchington: 01954 780260 or reservations at: kenchington@supanet.com, or Stephen Lee: 01954 203310, or on sale after Church on Sunday mornings. There will be tickets for sale on the night, but we would prefer to have numbers beforehand. This is a very welcome return of The Huntingdonshire Concert Band. Take advantage of a live performance in our own village. As always, it will be an evening of excellent music, with a chance to meet friends old and new.

LittleKickers

Approved football training for kids aged 18 months to their 7th birthday.

Classes will be running at Bar Hill Village Hall and all around Cambridgeshire from March 2016.

For information call Ashley at Little Kickers South and East Cambridgeshire on: 07928 765121; or e-mail: ajordan@littlekickers.co.uk.

You can also check our website: www.littlekickers.co.uk.

Contact Ashley to arrange a *free* taster class!

– FOR SALE –

A sturdy plastic/metal clothes rail in black and chrome. Height adjustable from 42–63", width 35", two 18" swing side arms. 4 wheels make it easy to move.

Ideal for extra storage in the home or for car booting: £10.

T: 01954 780364; E: anne@rwp10.plus.com.

BAR HILL PRIMARY SCHOOL

– POP QUIZ NIGHT –

Saturday 6th February at Bar Hill Primary School

Doors open 7pm and Quiz starts at 7.30pm

Maximum 8 per team; £5 per person

Licenced Bar *(alcohol from our bar only, please)*

No nuts; 50/50 Raffle.

VALENTINE THEMED SUPPER & MUSICAL ENTERTAINMENT EVENING

at the Village Hall

Saturday 20th February at 6.15pm. for 6.45pm.

Raffle to support the British Heart Foundation

Tickets at £12.50 per person are available from Michael Clydesdale, T: 01954 780957 or E: Cmikeandmary@aol.com.

Early booking is advised.

The Supper menu will be:

Boeuf Bourguignon, Rice & Vegetables (a vegetarian option is available) followed by a Selection of Home Made Desserts, Cheese and Biscuits and Tea/Coffee

Bring your own choice of Wine

The Musical Entertainment will be provided by **The Accidentalists**, a quartet with variety and style

Come along and enjoy the evening!

THE LOVE FOOD FAIR

This FREE event will be on

Third Floor at Cambridge Central Library on 20th February 2016 from 10.30am to 3.00pm

A variety of groups and organisations will be providing top tips on food, eating healthily and growing your own. A fun and informative fair with tasty samples to whet your appetite. Why not stay for lunch or a drink at the Library Café?

...did you know...

a touch typist's left hand does 56% of the typing?

A VERY HAPPY NEW YEAR TO OUR READERS